










JUNE 2020

(AL) Assisted Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 "How to Have a Personal Retreat" (TV~channel 1-3 or 31)	2 <i>Sorry, No Mass today.</i> 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	3 10:00 "How to Have a Personal Retreat" (TV~channel 1-3 or 31) 1:30 Fitness Class - Standing (TV~channel 1-3 or 31) 2:30 Happy Hour Cart ~ Door-to-Door Snacks	4 <i>Sorry, No Mass today.</i> 11:00 Community Service with Pastor Norris Einertson (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	5 10:00 "How to Have a Personal Retreat" (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31)	6 
If small group activities with social distancing can resume this week; the daily posters and TV will reflect the changes.						
7 10:00 Mass (TV~31 or 1-3)	8 10:00 "How to Have a Personal Retreat" (TV~channel 1-3 or 31)	9 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	10 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31) 2:30 Happy Hour Cart ~ Door-to-Door Snacks	11 9:30 Mass (TV~channel 1-3 or 31) 11:00 Community Devotions with Joe (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31) 2:30 Tenant Meeting (TV~channel 1-3 or 31)	12 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31)	13 
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14 10:00 Mass (TV~31 or 1-3) 	15 10:00 "How to Have a Personal Retreat" (TV~channel 1-3 or 31)	16 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	17 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31) 2:30 Happy Hour Cart ~ Door-to-Door Snacks	18 9:30 Mass (TV~channel 1-3 or 31) 11:00 Community Service with Pastor Norris Einertson (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	19 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31)	20 
If small group activities with social distancing can resume this week; the daily posters and TV will reflect the changes.						
21 10:00 Mass (TV~31 or 1-3) 	22 10:00 "How to Have a Personal Retreat" (TV~channel 1-3 or 31)	23 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	24 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31) 2:30 Happy Hour Cart ~ Door-to-Door Snacks	25 9:30 Mass (TV~channel 1-3 or 31) 11:00 Community Devotions with Tracy (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	26 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31)	27 
If small group activities with social distancing can resume this week; the daily posters and TV will reflect the changes.						
28 10:00 Mass (TV~31 or 1-3)	29 10:00 "How to Have a Personal Retreat" (TV~channel 1-3 or 31)	30 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (TV~channel 1-3 or 31)	WORSHIP SCHEDULE  Mass & Protestant Services If quarantine is lifted, please see community boards for new schedule/locations. For now, Chapel Services are on TV, channel 31 or 1-3.	Notes For You... ~Please watch daily signs for activity-related changes. ~Please call x7023 for games, puzzles, books, Zoom Meetings, FaceTime, questions about activities, etc.! Calendar is subject to change.	Program Locations AL 3 ~ 3rd Flr Activity Rm B ~ Bistro C ~ Cinema CH ~ Chapel CR ~ Club Room D ~ Den (IL 2nd Floor) IL DR ~ IL Dining Room	
Please watch daily posters/TV listing for any changes in activities						

Recreation Dept. Phone Numbers: Tracy & Amanda (763) 493-7023 and Community Life Director, Kaitlyn (763) 493-7016.