July 2022					(IL) Independent Livin	g Activity Calendar
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		~Sign-up sheets for outing ~(\$\$) = Game is playe Card Bingo-4 nickels/ Evening Bingo-10 ~Activities & other daily info ~Fitness Classes are blu	are also on TV, channel 1-3. s are at the Reception Desk. d with money (optional): 4 dimes/4 quarters/\$1) dimes/1 quarter . is always on TV, channel 1-2 e. Questions? Call x7033. ge, please see daily posters.**	Program Locations AL 3~AL 3rd Flr Activity Rm AL Lib~AL 2nd Flr Library B~Bistro C~Cinema CH~Chapel CR~Club Room D~Discovery Rm, 1st Floor IL DR~IL Dining Room P~Pool	1 9:30 Mass & Adoration (CH) 11:00 Better Balance (CR) 1:30 Virtual Fitness Class (TV) 2:15 AquaFit/Open Swim (P) 4:30 Rosary~Ruth (CH)	2 1:00 "500" (CR) 1:00 Bridge (IL DR)
3	4 Independence Day	5	6	7 World Chocolate Day	8	9
10:30 Mass (CH) & Communion following	1:00 Bridge (IL DR)	1:00 "500" (CR/TBD) 1:00 Cribbage (CR) 1 - 3 Knit with Sue (IL DR)	9:30 Mass & Chaplet (CH) 10:00 Library Cart (Bistro Area) 10:30 Bus to Cub (sign up)	11:00 Protestant Service (CH) 1:00 "The Chosen" Series (C) 1:00 "500" (CR)	9:30 Mass (CH) 11:00 Panera Trip (sign up) 11:00 Better Balance (CR)	10:00 Men's Coffee (CR) 10:00 Women's Coffee
1:00 Mexican Train (CR)	Нарру	2:30 Movie"Long Way Home"(C) 4:30 Rosary~Rita (CH)	11:00 Better Balance (CR) 12:30 Bridge (IL DR)	2:30 Movie "The Kindness of Strangers" (C)	1:30 Virtual Fitness Class (TV) 2:15 AquaFit/Open Swim (P)	11:30 Bus to Monastery (sign up)
1:00 "500" (CR/TBD)	July	7:00 Bingo (\$\$) (CR)	1:30Bus to Dollar Tree (sign up)1:30Virtual Fitness Class (TV)3:00Card Bingo (\$\$) (CR)4:30Rosary~Rita (CH)	(Apts. 101-114 & 215-229) 4:30 Rosary~Rita (CH) 7:00 Bingo (\$\$) (CR)	3:00 Concert with Todd Anderson (CH) 4:30 Rosary~Rita (CH)	1:00 "500" (CR) 1:00 Bridge (IL DR)
10	11 10:30 HyVee Trip (sign up)	12	13 National French Fry Day	14	15	16
10:30 Mass (CH) & Communion following	11:00Better Balance (CR)1:00Bridge (IL DR)1:30Movie "Saving Private	9:30 Bus to Target (sign up) 1:00 "500" (CR/TBD) 1:00 Cribbage (CR)	9:30 Mass & Chaplet (CH) 10:00 Library Cart (Bistro Area) 10:30 Bus to Kohls (sign up)	11:00 Protestant Service (CH)1:00 July's Catholic Liturgical Celebrations with John (C)	9:30 Mass (CH) 11:00 Better Balance (CR) 1:30 Virtual Fitness Class (TV)	9:30-11:30 Blood Pressure Checks (D)
1:00 Mexican Train (CR)	Ryan" (C) 2:00 Watercolor Class (AL3)	2:30 Movie "Summerland" (C) 4:30 Rosary~Marilyn (CH)	11:00 Better Balance (CR) 12:30 Bridge (IL DR)	1:00 "500" (CR) 2:30 Tenant Meeting (CH)	2:15 AquaFit/Open Swim (P) 3:00 Concert with	10:30 Writer's Workshop (CR)
1:00 "500" (CR/TBD)	2:15 AquaFit/Open Swim (P) 4:00 Tech Support (sign up) 4:30 Rosary~Marilyn (CH)	7:00 Bingo (\$\$) (CR)	1:30 Virtual Fitness Class (TV) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary~Marilyn (CH)	4:30 Rosary~Marilyn (CH) 7:00 Bingo (\$\$) (CR)	Mary Franz (CH) 4:30 Rosary~Marilyn (CH) 7:00 Evening Social (CR)	1:00 "500" (CR) 1:00 Bridge (IL DR)
17 10.00 Marce (01)	18	19	• • • •	-	22 200 Marca (011)	23
10:30 Mass (CH) & Communion following	10:30 Bus to Cub (sign up) 11:00 Better Balance (CR) 1:00 Bridge (IL DR)	9:30 Bus to Walmart (sign up) 1 - 3 Knit with Sue (IL DR) 1:00 "500" (CR/TBD)	10:00 Library Cart (Bistro Area) 10:30 Bus to Aldi (sign up) 10:30 Food Committee (IL DR)	11:00 Protestant Service (CH) 1:00 Bible Presentation, Part 1, with John (C)	9:30 Mass (CH) 11:00 50's Grill Trip (sign up) 11:00 Better Balance (CR)	10:00 Men's Coffee (CR) 10:00 Women's Coffee
1:00 Mexican Train (CR)	1:30 Movie "The American President" (C)	1:00 Cribbage (CR) 2:30 Movie "Saving Shiloh" (C)	11:00 Better Balance (CR) 12:30 Bridge (IL DR)	1:00 "500" (CR) 2:30 Movie "The Lakehouse" (C)	1:30 Virtual Fitness Class (TV) 2:15 AquaFit/Open Swim (P)	(IL DR) 1:00 "500" (CR)
1:00 "500" (CR/TBD)	1:30Trip to Library (sign up)2:15AquaFit/Open Swim (P)4:30Rosary~Ruth (CH)	4:30 Rosary~Ruth (CH) 7:00 Outdoor Concert ~ CODA (Front Lawn)	1:30 Bus to Fleet Farm (sign up) 1:30 Virtual Fitness Class (TV) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary~Ruth (CH)		3:00 Concert with Bill Mann (CH) 4:30 Rosary~Ruth (CH)	1:00 Bridge (IL DR)
24	25	26	27	28 National Milk Chocolate Day	29	30
10:30 Mass (CH) & Communion following 1:00 Mexican Train (CR) 1:00 "500" (CR/TBD) 31 10:30 Mass (CH)	10:30 Book Club (AL 3) 10:30 Bus to HyVee (sign up) 11:00 Better Balance (CR) 1:00 Bridge (IL DR) 1:30 Movie "White Comanche" (C)	9:30 Bus to Dollar Tree (sign up) 1:00 "500" (CR/TBD) 1:00 Cribbage (CR) 2:30 Movie "12 Angry Men" (C) 4:30 Rosary~Rita (CH) 7:00 Bingo (\$\$) (CR)	 9:30 Mass & Chaplet (CH) 10:00 Library Cart (Bistro Area) 10:45 Lunch at Legion (sign up) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30-3:30 TwoCan Ride (Front Lot) 	 11:00 Protestant Service (CH) 1:00 Bible Presentation, Part 2, with John (C) 1:00 "500" (CR) 2:30 Movie "Worth" (C) 	9:30 Mass (CH) 11:00 Better Balance (CR) 1:30 Virtual Fitness Class (TV) 2:15 AquaFit/Open Swim (P) 3:00 Concert with Dale Martell (CH)	1:00 "500" (CR) 1:00 Bridge (IL DR)
& Communion following 1:00 Mexican Train (CR) 1:00 "500" (CR/TBD)	2:15 AquaFit/Open Swim (P) 4:00 Tech Support (sign up) 4:30 Rosary~Rita (CH)		1:30Virtual Fitness Class (TV)3:00Card Bingo (\$\$) (CR)4:30Rosary~Rita (CH)	(Apts. 315-329 & 115-129) 4:30 Rosary~Rita (CH) 7:00 Bingo (\$\$) (CR)	4:30 Rosary~Rita (CH)	

Recreation Dept. Phone Numbers: Tracy, Rec. Coordinator (AL & IL), (763) 493-7023, Amanda, Driver/Rec. Asst., (763) 493-7030, Rec. Director (763) 493-7016