JULY 2021

LTC & TCN Activity Calendar

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
HAPPY— OF OF OF OF OF OF OF OF OF O				-		,	1 9:30 10:30 11:00 2:00 2:00 4:30 6:00	Mass (TV 1-3) RESIDENT COUNCIL Protestant Service (TV 31) Men's Social Women's Social Rosary (TV 1-3) Activities & 1:1 visits with TR Staff	9:30 10:30 11:15 1:30 2:00 3:00 4:30 6:00	Mass (TV 1-3) Fitness~Therapy Staff (LH) Fitness~Therapy Staff (RH) Fitness Class (on TV 31) Happy Hour Social Concert (Channel 1-3) Rosary (TV 1-3) Activities/1:1s with TR	2:30	BINGO and 1:1 visits Afternoon Movie sest Friend's Wedding
4 10:00 Mass (TV 31)	5		6 9:30	Mass (TV 1-3)	7 9:30	Mass (TV 1-3)	8 9:30	Mass (TV 1-3)	9	9:30 Mass (TV 1-3) PET THERAPY	10	
2:30 Afternoon Movie Aide's Choice	10:30 2:00 3:00	Morning Stretch & Trivia Heartbeat Percussion Crosswords	10:30	Fitness~Therapy Staff (LH) Fitness~Therapy Staff (RH) Bingo Creative Moments	10:30 1:30	Book Club Fitness Class (on TV 31) Let's Explore: Italy	10:30 11:00 2:00 2:00	Arts & Crafts Protestant Service (TV 31) Men's Social Women's Social	10:30	Fitness~Therapy Staff (LH) Fitness~Therapy Staff (RH) Fitness Class (on TV 31) Happy Hour Social		BINGO and 1:1 visits Afternoon Movie "Grass is Greener"
Indépendence Day	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities & 1:1 visits with TR Staff	3:00 6:00	Concert (Channel 1-3) Activities/1:1s with TR		
11	12		13		14		15		16		17	
	9:30	Word/Communion (TV 31)	9:30	Mass (TV 1-3)	9:30	Mass (TV 1-3)	9:30	Mass (TV 1-3)	9:30	Mass (TV 1-3)		
10:00 Mass (TV 31)	10:30	Morning Stretch & Trivia		Fitness~Therapy Staff (LH)		Resolutions	10:30	Arts & Crafts	10:30	Fitness~Therapy Staff (LH)		BINGO
1:00 Table Games and 1:1 visits	2:00	COOKING CLASS: CHOW MEIN	11:15 2:00 3:00	Fitness~Therapy Staff (RH) Bingo Creative Moments	1:30 1:30	Fitness Class (on TV 31) Movie & Popcorn (Cinema) Coffee Corner (LH)	11:00 2:00 2:00	Protestant Service (TV 31) Men's Social Women's Social	11:15 1:30 2:00	Fitness~Therapy Staff (RH) Fitness Class (on TV 31) Happy Hour Social	2:30	and 1:1 visits Afternoon Movie "Elizabeth"
	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities & 1:1 visits with TR Staff	3:00 6:00	Concert (Channel 1-3) Activities/1:1s with TR		
18	19		20		21		22		23	,	24	
	9:30	Word/Communion (TV 31)		Mass (TV 1-3)		Mass (TV 1-3)	9:30	Mass (TV 1-3)	9:30	Mass (TV 1-3)		
10:00 Mass (TV 31)	10:30	Morning Stretch & Trivia	10:30	Fitness~Therapy Staff (LH)	10:30	Outside Adventures	10:30	Bowling	10:30	Fitness~Therapy Staff (LH)	1:00	BINGO
1:00 Table Games	2:00	Coloring with Aides	11:15	Fitness~Therapy Staff (RH)	1:30	Fitness Class (on TV 31)	11:00	Protestant Service (TV 31)	11:15	Fitness~Therapy Staff (RH)		and 1:1 visits
and 1:1 visits	3:00	Crosswords	2:00	Bingo	3:30	Music Therapy	2:00	Men's Social	1:30	Fitness Class (on TV 31)	2:30	Afternoon Movie
	6:00	Activities & 1:1 visits	3:00	Creative Moments	6:00	Activities & 1:1 visits	2:00	Women's Social	2:00 3:00	Happy Hour Social Concert (Channel 1-3)		"Hotel Rwanda"
		with TR Staff	6:00	Activities & 1:1 visits with TR Staff		with TR Staff	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities/1:1s with TR		
25	26		27	with in Stail	28		29	with in Stan	30	Activities/ 1.15 with Tr	31	
23	9:30	Word/Communion (TV 31)		Mass (TV 1-3)	20		23		30		31	
10:00 Mass (TV 31)	10:30	Morning Stretch & Trivia		Fitness~Therapy Staff (LH)	10:30	You Be the Judge	10:30	Arts & Crafts	10:30	Fitness~Therapy Staff (LH)	1:00	BINGO
1:00 Table Games	2:00	Birthday		Fitness~Therapy Staff (RH)		Fitness Class (on TV 31)		Protestant Service (TV 31)		Fitness~Therapy Staff (RH)		and 1:1 visits
and 1:1 visits		Dance Party	2:00	Bingo	1:30		2:00	Men's Social	1:30	Fitness Class (on TV 31)	2:30	Afternoon Movie
			3:00	Creative Moments	3:30	Music Therapy	2:00	Women's Social	2:00	Happy Hour Social		"The Queen"
	6:00	Activities & 1:1 visits with TR Staff	6:00	Activities & 1:1 visits	6:00	Activities & 1:1 visits	6:00	Activities & 1:1 visits	3:00	Concert (Channel 1-3)		
				with TR Staff		with TR Staff		with TR Staff	6:00	Activities/1:1s with TR		

Recreation Dept. Phone Numbers: Ren, Recreation Coordinator, (763) 493-7037 and Kaitlyn, Community Life Director, (763) 493-7016
Oxbow Lake's COVID Info Line: (763) 493-7038