

March 2023 Care Suites Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00 Breakfast 9:30 Mass (TV 1-3) 12:00 Lunch 3:00 T is for Trivia 4:30 Rosary (TV 1-3) 5:00 Dinner	2 8:00 Breakfast 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Music with Kent Appeldorn (IL DR) 2:45 Happy Hour (CR) 4:30 Rosary 5:00 Dinner	3 8:00 Breakfast 9:30 Mass & Adoration (CH) 9:30 Good Morning Greetings 9:45 Balloon Volley 12:00 Lunch 3:00 Bean Bag Toss 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 5:00 Dinner	4
5 8:00 Breakfast 10:30 Mass (TV 1-3) Communion 12:00 Lunch 3:30 Afternoon Snacks with NAR's 5:00 Dinner	6 8:00 Breakfast 10:00 Sing-along with Naomi 11:00 Good Morning Greetings 11:15 Matching Games 12:00 Lunch 3:00 What's in the Bag 4:30 Rosary (TV 1-3) 5:00 Dinner	7 8:00 Breakfast 10:45 Good Morning Greetings 11:00 IN2L 12:00 Lunch 3:00 Bean Bag Toss 4:30 Rosary (TV 1-3) 5:00 Dinner	8 8:00 Breakfast 9:30 Mass (TV 1-3) 10:00 Good Morning Greetings 10:15 Balloon Volley 12:00 Lunch 1:00 Music with Kristin 3:00 Story Time 4:30 Rosary (TV 1-3) 5:00 Dinner	9 8:00 Breakfast 10:00 Good Morning Greeting 10:15 Matching Games 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 March Birthday with Loren Wolfe (IL DR) 2:45 Cake & Coffee 4:30 Rosary 5:00 Dinner	10 8:00 Breakfast 9:30 Mass (CH) 9:30 Good Morning Greetings 9:45 Quiz Time 12:00 Lunch 3:00 Celebrity Spotlight 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 5:00 Dinner	11
12 8:00 Breakfast 12:00 Lunch 2:00 Mass (CH & 1-3) 3:30 Afternoon Snacks with NAR's 5:00 Dinner	13 8:00 Breakfast 10:00 Sing-along with Naomi 12:00 Lunch 3:00 Cardio Drumming 4:30 Rosary (TV 1-3) 5:00 Dinner	14 8:00 Breakfast 10:00 Good Morning Greetings 10:15 IN2L 12:00 Lunch 3:00 Bean Bag Toss 4:30 Rosary (TV 1-3) 5:00 Dinner	15 8:00 Breakfast 9:30 Mass (TV 1-3) 10:00 Good Morning Greetings 10:15 Balloon Volley 12:00 Lunch 1:00 Music w/Kristin 4:30 Rosary (TV 1-3) 5:00 Dinner	16 8:00 Breakfast 10:00 Good Morning Greeting 10:15 Quiz Time 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Music with Thomas & James (IL DR) 2:45 Happy Hour 4:30 Rosary 5:00 Dinner	17 8:00 Breakfast 9:30 Mass (CH) 10:00 Good Morning Greetings 10:15 Sit & Be Fit 12:00 Lunch 3:00 St. Patty's Day Fun 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 5:00 Dinner	18

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19 10:30 Mass (TV 1-3) Communion 3:30 Afternoon Snacks with NAR's	20 8:00 Breakfast 10:00 Sing-along with Naomi 12:00 Lunch 3:00 Cardio Drumming 4:30 Rosary (TV 1-3) 5:00 Dinner	21 8:00 Breakfast 10:00 Good Morning Greetings 10:15 IN2L 12:00 Lunch 3:00 Bean Bag Toss 4:30 Rosary (TV 1-3) 5:00 Dinner	22 8:00 Breakfast 9:30 Mass (TV 1-3) 10:00 Good Morning Greetings 10:15 What's in the Bag 12:00 Lunch 1:00 Music with Kristin 3:00 Matching Games 4:30 Rosary (TV 1-3) 5:00 Dinner	23 8:00 Breakfast 10:00 Good Morning Greeting 10:15 Cardio Drumming 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Miss Jill's Decade Trivia Show (IL DR) 2:45 Happy Hour 4:30 Rosary (TV 1-3) 5:00 Dinner	24 8:00 Breakfast 9:30 Mass (CH) 10:00 Good Morning 10:15 Balloon Volley 12:00 Lunch 3:00 Underwater Observation 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 5:00 Dinner	25
26 8:00 Breakfast 10:30 Mass (TV 1-3) Communion 12:00 Lunch 3:30 Afternoon Snacks with NAR's 5:00 Dinner	27 8:00 Breakfast 10:00 Sing-along with Naomi 12:00 Lunch 3:00 Cardio Drumming 4:30 Rosary (TV 1-3) 5:00 Dinner	28 8:00 Breakfast 10:30 Good Morning Greetings 10:45 Balloon Volley 12:00 Lunch 3:00 Observing Nature Scenes 4:30 Rosary (TV 1-3) 5:00 Dinner	29 8:00 Breakfast 9:30 Mass (CH) 10:00 Good Morning Greetings 10:15 Memory Games 12:00 Lunch 3:00 T is for Trivia 4:30 Rosary (TV 1-3) 5:00 Dinner	30 8:00 Breakfast 10:00 Good Morning Greeting 10:15 Cardio Drumming 11:00 Protestant Service (CH & TV 1-3) 12:00 Lunch 1:00 Fitness w/Therapy 1:30 Music with the Flora's (IL DR) 2:45 Happy Hour 4:30 Rosary (TV 1-3) 5:00 Dinner	31 8:00 Breakfast 9:30 Mass (CH) 10:00 Good Morning Greetings 10:15 Balloon Volley 12:00 Lunch 3:00 Sing-along with Suzie Q 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 5:00 Dinner	31
		Please note all activities are subject to change.				