

# February 2023 Independent & Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:30 Mass (CH) 11:00 Better Balance (CR) 11:00 Mobile Activity Cart (AL) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 1:45 Music with Kristin (AL 3) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	<b>2</b> 9:30 Shopping at Cub 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 Music with Tim Patrick (IL DR) 2:45 Happy Hour (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	<b>3</b> 9:30 Mass & Adoration (CH) 11:00 Better Balance (CR) 1:00 Movie Matinee: On Golden Pond © 1:30 Virtual Fitness (TV) 3:15 Cardio Drumming (CR) 4:30 Rosary (CH)	<b>4</b> 1:00 500 (IL DR) 1:00 Bridge (IL DR)
<b>5</b> 10:30 Mass (CH & 1-3) 1:00 Mexican Train (2 CR) 1:00 500 (CR/TBD)	<b>6</b> 9:45 Wii Bowling 11:00 Better Balance (CR) 1:00 Bridge (IL DR) 1:30 The Chosen Series with John (C) 4:30 Rosary (CH)	<b>7</b> 10:00 Donuts & Devotions (CR) 1:00 500 & Cribbage (CR) 1:00 Knitting with Sue (IL DR) 1:15 AL Bingo (AL 3) 2:30 AL Fitness (AL 3) 3:00 1 <sup>st</sup> Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	<b>8</b> 9:30 Mass (CH) 10:00 Library Cart (B) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 2:00 AL Tenant Meeting (AL 3) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	<b>9</b> 9:30 Shopping at Cub 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 February B-day Party with Jenni Thyng (IL DR) 2:45 Cake & Coffee 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	<b>10</b> 9:30 Mass (CH) 11:00 Better Balance (CR) 1:00 Movie Matinee: 9-5 © 1:30 Virtual Fitness (TV) 3:15 Cardio Drumming (CR) 4:30 Rosary (CH)	<b>11</b> 10:00 Men's Coffee (CR) 10:00 Women's Coffee (IL DR) 1:00 500 (CR) 1:00 Bridge (IL DR)
<b>12</b> 10:30 Mass (CH & 1-3) 1:00 Mexican Train (2 CR) 1:00 500 (CR)	<b>13</b> 9:45 Wii Bowling 11:00 Better Balance (CR) 1:00 Bridge (IL DR) 1:30 The Chosen Series with John (C) 2:15 Aquafit/Open Swim 4:30 Rosary (CH) 4:30 Tech Support (D)	<b>14</b> 10:00 Donuts & Devotions (CR) 11:00 AL Mobile Activity Cart 1:00 500 & Cribbage (CR) 1:15 AL Bingo (AL 3) 2:30 AL Fitness (AL 3) 2:30 Tenant Meeting (CH) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	<b>15</b> 9:30 Mass (CH) 10:00 IL Culinary Meeting (IL DR) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 1:45 Music with Kristin (AL 3) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	<b>16</b> 9:30 Shopping at Cub 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 Valentine Party with Diane (IL DR) 2:45 Happy Hour (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	<b>17</b> 9:30 Mass (CH) 11:00 February Liturgical Calendar © 11:00 Better Balance (CR) 1:00 Movie Matinee: Cool Hand Luke © 1:30 Virtual Fitness (TV) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming (CR) 4:30 Rosary (CH) 7:00 Evening Social (CR)	<b>18</b> 9:30 Blood Pressure Checks (D) 10:30 Writer's Workshop (CR) 1:00 500 (CR) 1:00 Bridge (IL DR) 7:00 Movie: Kramer vs. Kramer

# February 2023 Independent & Assisted



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b>  <b>10:30</b> Mass (CH & 1-3) <b>1:00</b> Mexican Train (2 CR) <b>1:00</b> 500 (CR)	<b>20</b> <b>9:45</b> Wii Bowling (CR) <b>11:00</b> Better Balance (CR) <b>1:00</b> Bridge (IL DR) <b>1:30</b> The Chosen Series © <b>2:15</b> Aquafit/Open Swim <b>3:00</b> 2 <sup>nd</sup> Floor Social (CR) <b>3:00</b> Book Club (AL Lib) <b>4:30</b> Rosary (CH) <b>4:30</b> Tech Support (D)	<b>21</b> <b>10:00</b> Donuts & Devotions (IL DR) <b>11:00</b> AL Mobile Activity Cart <b>1:00</b> 500 & Cribbage (2 CR) <b>1:00</b> Knitting with Sue (AL DR) <b>1:15</b> AL Bingo (AL 3) <b>2:30</b> AL Fitness (AL 3) <b>4:30</b> Rosary (CH) <b>7:00</b> Bingo (\$\$) (CR)	<b>22</b> <b>9:30</b> Mass (CH) <b>10:00</b> Library Cart (B) <b>11:00</b> Better Balance (CR) <b>12:30</b> Bridge (IL DR) <b>1:00</b> Protestant Service (CH) <b>3:00</b> Card Bingo (\$\$) (ILDR) <b>4:30</b> Rosary (CH)	<b>23</b> <b>9:30</b> Shopping at Cub <b>9:45</b> Balloon Volleyball (S) <b>11:00</b> Protestant Service (CH) <b>1:30</b> Music with The Highwater Band (IL DR) <b>2:45</b> Happy Hour (IL DR & CR) <b>4:30</b> Rosary (CH) <b>7:00</b> Bingo (\$\$) (CR)	<b>24</b> <b>9:30</b> Mass (CH) <b>11:00</b> Better Balance (CR) <b>1:00</b> Movie Matinee: I Am Sam © <b>1:30</b> Virtual Fitness (TV) <b>2:15</b> Aquafit/Open Swim <b>3:15</b> Cardio Drumming (CR) <b>4:30</b> Rosary (CH)	<b>25</b> <b>10:00</b> Men's Coffee (CR) <b>10:00</b> Women's Coffee (IL DR) <b>1:00</b> 500 (CR) <b>1:00</b> Bridge (IL DR)
<b>26</b>  <b>10:30</b> Mass (CH & 1-3) <b>1:00</b> Mexican Train (CR) <b>1:00</b> 500 (CR)	<b>27</b> <b>9:45</b> Wii Bowling (CR) <b>11:00</b> Better Balance (CR) <b>12:30</b> Wii Bowling at Walker Methodist <b>1:00</b> Bridge (IL DR) <b>1:30</b> The Chosen Series © <b>2:15</b> Aquafit/Open Swim (P) <b>4:30</b> Rosary (CH)	<b>28</b> <b>9:00</b> Advanced Hearing Care (B) <b>10:00</b> Woodland Choir (CH) <b>11:00</b> AL Mobile Activity Cart <b>1:00</b> 500 & Cribbage (CR) <b>1:15</b> AL Bingo (AL 3) <b>2:30</b> AL Fitness (AL 3) <b>3:00</b> 3 <sup>rd</sup> Floor Social (CR) <b>4:30</b> Rosary (CH) <b>7:00</b> Bingo (\$\$) (CR)				
	<b>Program Locations</b> (AL 3) AL 3 <sup>rd</sup> floor Activity Room (AL Lib) AL 2 <sup>nd</sup> floor Library (B) Bistro (C) Cinema (CH) Chapel (CR) Club Room (2 CR) 2 <sup>nd</sup> floor Club Room (IL DR) IL Dining Room (S) Studio (P) Pool			<b>Please sign up for activities at the Receptionist's Desk as spaces are limited!</b>  <b>Fitness classes are highlighted in blue. If you have any questions, please call x7033.</b>	Please note all activities are subject to change. Please check daily posters located throughout the community for changes.	<b>\$\$ Notes</b> Card Bingo = 4 nickels, 4 dimes, 4 quarters, \$1 7:00 Bingo = 10 dimes & 1 quarter  <b>On TV</b> Channel 1-2: Activities & daily notes Channel 1-3: Services & Events in the Chapel