











SEPTEMBER 2020

(IL) Independent Living Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>General Election Voting will take place this month. Please watch signs for details.</p>	<p>1 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31) 2:30 1st Floor's Desserts (Door-to-Door Dessert Cart) 4:30 Rosary with Ruth (on TV only ~ channel 1-3 or 31)</p>	<p>2 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (TV~channel 1-3 or 31) 4:30 Rosary with Ruth (on TV only ~ channel 1-3 or 31)</p>	<p>3 9:30 Mass (TV~channel 1-3 or 31) 11:00 Community Service with Pastor Norris Einertson (on TV only ~ channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31) 4:30 Rosary with Ruth (TV)</p>	<p>4 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Standing (on TV only ~ channel 1-3 or 31) 2:45 Outdoor Concert (weather dependent, Front Lot) 4:30 Rosary with Ruth (on TV only ~ channel 1-3 or 31)</p>	
Please remember to wear masks outside of your apartment & while around others and practice 6-feet social distancing at all times.						
<p>6 10:00 Mass (TV~31 or 1-3)</p>	<p>7 Labor Day 10:00 Pray For Healing of the World's Pandemic: Covid-19 (TV~channel 1-3 or 31)</p> 	<p>8 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31) 2:30 2nd Floor's Desserts (Door-to-Door Dessert Cart)</p>	<p>9 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (on TV only ~ channel 1-3 or 31)</p>	<p>10 9:30 Mass (TV~channel 1-3 or 31) 11:00 Community Devotions ~ With Dan, Pastoral Care Dept. (on TV only ~ channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31) 2:30 Tenant Meeting (TV)</p>	<p>11 Patriot Day 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Standing (on TV only ~ channel 1-3 or 31) 2:45 Outdoor Concert (weather dependent, Front Lot)</p> 	
Please remember to wear masks outside of your apartment & while around others and practice 6-feet social distancing at all times.						
<p>13 10:00 Mass (TV~31 or 1-3)</p>	<p>14 10:00 Pray For Healing of the World's Pandemic: Covid-19 (TV~channel 1-3 or 31)</p>	<p>15 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31)</p>	<p>16 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (on TV only ~ channel 1-3 or 31)</p>	<p>17 9:30 Mass (TV~channel 1-3 or 31) 11:00 Community Service with Pastor Norris Einertson (on TV only ~ channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31)</p>	<p>18 9:30 Mass (TV~channel 1-3 or 31) 10:30 Writers Workshop on Zoom 1:30 Fitness Class - Primarily standing (on TV only ~ channel 1-3 or 31) 2:45 Concert (TBD)</p>	
Please remember to wear masks outside of your apartment & while around others and practice 6-feet social distancing at all times.						
<p>20 10:00 Mass (TV~31 or 1-3)</p>	<p>21 10:00 Pray For Healing of the World's Pandemic: Covid-19 (TV~channel 1-3 or 31)</p>	<p>22 Autumn Begins 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31) 2:30 3rd Floor's Desserts (Door-to-Door Dessert Cart)</p> 	<p>23 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (on TV only ~ channel 1-3 or 31)</p>	<p>24 9:30 Mass (TV~channel 1-3 or 31) 11:00 Community Devotions ~ (on TV only ~ channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31)</p>	<p>25 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (on TV only ~ channel 1-3 or 31) 2:45 Concert (TBD)</p>	
If small group activities with social distancing can resume this week; the daily posters and TV will reflect the changes.						
<p>27 10:00 Mass (TV~31 or 1-3)</p>	<p>28 10:00 Pray For Healing of the World's Pandemic: Covid-19 (TV~channel 1-3 or 31) 10:45 Book Club on Zoom</p>	<p>29 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Seated (on TV only ~ channel 1-3 or 31)</p>	<p>30 9:30 Mass (TV~channel 1-3 or 31) 1:30 Fitness Class - Primarily standing (on TV only ~ channel 1-3 or 31)</p>	<p>WORSHIP SCHEDULE  Mass & Protestant Services If quarantine is lifted, please see community boards for new schedule/locations. For now, Chapel Services are on TV, channel 31 or 1-3.</p>	<p>Notes For You... ~Please watch daily signs for activity-related changes. ~Please call x7023 for games, puzzles, books, Zoom Meetings, FaceTime, questions about activities, etc.!</p> <p>Calendar is subject to change.</p>	<p>Program Locations</p> <p>AL 3 ~ 3rd Flr Activity Rm B ~ Bistro C ~ Cinema CH ~ Chapel CR ~ Club Room D ~ Den (IL 2nd Floor) IL DR ~ IL Dining Room</p>
If small group activities with social distancing can resume this week; daily posters & TV will reflect the changes.						

Recreation Dept. Phone Numbers: Tracy, Recreation Coordinator, (763) 493-7023 and Kaitlyn, Community Life Director, (763) 493-7016.

Oxbow Lake's COVID Info Line: (763) 493-7038.