

# Live Well. Work Well.

## THE SAINT THERESE EMPLOYEE WELLNESS PROGRAM



At Saint Therese, we promote well-being by empowering everyone to model positive attitudes and behaviors through a lifelong commitment to wellness.



### Community

#### EMPOWERING THE ENRICHMENT OF OTHERS' LIVES

- Community presence
- Sustainability efforts: food drives, blood drives
- Employee Giving Campaign
- Volunteer opportunities
- Advocate for social fairness
- Walk to End Alzheimer's participant



### Health

#### FOSTERING WHOLESOME CAREGIVERS

- Medical, dental & vision plans with 3 levels that includes preventative coverage
- Free onsite flu shots
- Wellness centers with therapy pools & hot tubs
- Massage therapy
- Employee Assistance Program
- Pastoral care services



### Career

#### NURTURING GROWTH WITH THOUGHTFUL INTENTION

- Scholarships
- Tuition reimbursement
- Employee recognition
- Annual merit review process
- Advancement opportunities
- Dementia care training
- Paid training available
- CEUs & Lunch + Learns



### Financial

#### SECURING PLANS FOR TOMORROW

- Competitive wages
- Flexible spending accounts
- Life insurance
- Loan forgiveness programs
- 403(b) with company match
- Employee discount programs
- Short-term disability coverage



### Social

#### CELEBRATING LIFE TO THE FULLEST

- Generous PTO & PDL
- Eight company holidays
- Diverse, inclusive environment
- Team activities & events
- Flexible leadership
- Two annual golf events
- Annual Foundation gala
- Holiday parties & celebrations



Saint Therese

[sainttherese.org/careers](http://sainttherese.org/careers)