

March 2023 Independent & Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Mass (CH) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 1:45 Music with Kristin (AL Lib) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	2 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 Music with Kent Appledorn (IL DR) 2:45 Happy Hour (IL DR & CR) 4:30 Rosary © 7:00 Bingo (\$\$) (CR)	3 9:30 Mass & Adoration (CH) 11:00 Better Balance (CR) 1:00 Movie Matinee: The Bucket List © 1:30 Virtual Fitness (TV) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming w/Kayvon (CR) 4:00 Stations of the Cross (CH) 4:30 Rosary (CH)	4 1:00 500 (IL DR) 1:00 Bridge (IL DR)
5 10:30 Mass (CH & 1-3) 1:00 Mexican Train (2 CR) 1:00 500 (CR/TBD)	6 9:45 Wii Bowling 11:00 Better Balance (CR) 1:00 Bridge (IL DR) 1:30 The Chosen Series with John (C) 2:15 Aquafit/Open Swim (P) 4:30 Rosary (CH) 4:30 Tech Support (D)	7 10:00 Donuts & Devotions (CR) 1:00 500 & Cribbage (CR) 1:00 Knitting with Sue (IL DR) 1:00 AL Bingo (AL 3) 2:30 AL Fitness (AL 3) 3:00 1 st Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	8 9:30 Mass (CH) 10:00 Library Cart (B) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 2:00 AL Tenant Meeting (AL 3) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	9 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 March B-Day with Loren Wolfe (IL DR) 2:45 Cake & Coffee 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	10 9:30 Mass (CH) 11:00 Better Balance (CR) 1:00 Movie Matinee: God is Not Dead © 1:30 Virtual Fitness (TV) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming w/Kayvon (CR) 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 5:00 Dinner	11 10:00 Men's Coffee (CR) 10:00 Women's Coffee (IL DR) 1:00 500 (CR) 1:00 Bridge (IL DR) 7:00 Movie: Double Jeopardy ©
12 1:00 Mexican Train (2 CR) 1:00 500 (CR) 2:00 Mass (CH & 1-3)	13 9:45 Wii Bowling 11:00 Better Balance (CR) 11:00 Shopping at Cub 1:00 Bridge (IL DR) 1:30 The Chosen Series with John (C) 2:15 Aquafit/Open Swim 4:30 Rosary (CH)	14 10:00 Donuts & Devotions (CR) 1:00 500 & Cribbage (CR) 1:00 AL Bingo (AL 3) 2:30 AL Fitness (AL 3) 2:30 Tenant Meeting (CH) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	15 9:30 Mass (CH) 10:00 IL Culinary Meeting (IL DR) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 1:45 Music with Kristin (AL Lib) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	16 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 Music with Thomas & James (IL DR) 2:45 Happy Hour (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	17 9:30 Mass (CH) 11:00 April Liturgical Calendar © 11:00 Better Balance (CR) 1:00 Movie Matinee: The Best of Me © 1:30 Virtual Fitness (TV) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming (CR) 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 7:00 Evening Social	18 9:30 Blood Pressure Checks (D) 10:30 Writer's Workshop (CR) 1:00 500 (CR) 1:00 Bridge (IL DR)

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19 10:30 Mass (CH & 1-3) 1:00 Mexican Train (2 CR) 1:00 500 (CR)	20 9:45 Wii Bowling (CR) 11:00 Better Balance (CR) 11:00 Shopping at Cub 1:00 Bridge (IL DR) 1:00 Book Club (AL Lib) 1:30 The Chosen Series © 2:15 Aquafit/Open Swim 4:30 Rosary (CH) 4:30 Tech Support (D)	21 10:00 Donuts & Devotions (CR) 1:00 500 & Cribbage (CR) 1:00 Knitting with Sue (IL DR) 1:00 AL Bingo (AL 3) 2:30 AL Fitness (AL 3) 3:00 2 nd Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	22 9:30 Mass (CH) 10:00 Library Cart (B) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 3:00 Card Bingo (\$\$) (CR) 4:30 Rosary (CH)	23 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 Miss Jill's Decades Trivia Show (IL DR) 2:45 Happy Hour (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	24 9:30 Mass (CH) 11:00 Better Balance (CR) 1:00 Movie Matinee: Sleepless in Seattle © 1:30 Virtual Fitness (TV) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming w/Kayvon (CR) 4:00 Stations of the Cross (CH) 4:30 Rosary (CH)	25 10:00 Men's Coffee (CR) 10:00 Women's Coffee (IL DR) 1:00 500 (CR) 1:00 Bridge (IL DR) 7:00 Movie: While You Were Sleeping ©
26 10:30 Mass (CH & 1-3) 1:00 Mexican Train (CR) 1:00 500 (CR)	27 9:45 Wii Bowling (CR) 11:00 Better Balance (CR) 1:00 Bridge (IL DR) 1:30 The Chosen Series © 2:15 Aquafit/Open Swim (P) 4:30 Rosary (CH)	28 9:00 Advanced Hearing Care (B) 10:00 Donuts & Devotions (CR) 10:30 Lenten Penance Service (CH) 1:00 500 & Cribbage (CR) 1:00 AL Bingo (AL 3) 2:30 AL Fitness (AL 3) 3:00 3 rd Floor Social (CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	29 9:30 Mass (CH) 11:00 Better Balance (CR) 12:30 Bridge (IL DR) 1:30 Virtual Fitness (TV) 1:45 Music with Kristin (AL Lib) 3:00 Card Bingo (\$\$ CR) 4:30 Rosary (CH)	30 9:45 Balloon Volleyball (S) 11:00 Protestant Service (CH) 1:30 Music with The Flora's (IL DR) 2:45 Happy Hour (IL DR & CR) 4:30 Rosary (CH) 7:00 Bingo (\$\$) (CR)	31 9:30 Mass (CH) 11:00 Better Balance (CR) 1:00 Movie Matinee: Sully © 1:30 Virtual Fitness (TV) 2:15 Aquafit/Open Swim 3:15 Cardio Drumming w/Kayvon (CR) 4:00 Stations of the Cross (CH) 4:30 Rosary (CH) 5:00 Dinner	
	Program Locations (AL 3) AL 3 rd floor Activity Room (AL Lib) AL 2 nd floor Library (B) Bistro (C) Cinema (CH) Chapel (CR) Club Room (2 CR) 2 nd floor Club Room (IL DR) IL Dining Room (S) Studio (P) Pool			Please sign up for activities at the Receptionist's Desk as spaces are limited! Fitness classes are highlighted in blue. If you have any questions, please call x7033.	Please note all activities are subject to change. Please check daily posters located throughout the community for changes.	\$\$ Notes Card Bingo = 4 nickels, 4 dimes, 4 quarters, \$1 7:00 Bingo = 10 dimes & 1 quarter On TV Channel 1-2: Activities & daily notes Channel 1-3: Services & Events in the Chapel